



**Saint Paul's**  
*Parish Life*  
Growing in faith. *together*

**Sunday, 19<sup>th</sup> October 2025**  
**29<sup>th</sup> Week in the**  
**Season of Ordinary Time**

### Sunday Mass Times

Saturday Vigil 6pm; Sunday 9am

### The Word Of The Lord

#### **This Week's Readings: 29OC**

First: Exodus 17:8-13  
Second: 2 Timothy 3:14-4:2  
Gospel: Luke 18:1-8

#### **Psalm Response:**

(R.) Our help is from the Lord, who made  
Heaven and earth.

#### **Next Week's Readings: 30OC**

First: Sirach 35:12-14; 16-18  
Second: 2 Timothy 4:6-8, 14-16  
Gospel: Luke 18:9-14

### Parish Staff

#### **Parish Priest: Father Leo Duck**

Parish Secretary: Donna Small

**02 4256 2038**

[albionpark@dow.org.au](mailto:albionpark@dow.org.au)

249-251 Tongarra Road, ALBION PARK  
PO Box 194, Albion Park, NSW 2527

### Parish EFT Bank Account

BSB: 066 711 Account: 001754  
or

donate online using your credit card:  
[stpaulsparish.org.au/give](http://stpaulsparish.org.au/give)

### Parish Office Hours

Tuesday: 08:00 - 16:00  
Wednesday: 08:30 - 10:30  
12:00 - 16:00  
Thursday: 08:30 - 16:30  
Friday: 10:30 - 16:30

[facebook.com/stpaulsalbionpark](https://facebook.com/stpaulsalbionpark)  
[stpaulsparish.org.au/](http://stpaulsparish.org.au/)  
Free WiFi: St Paul's Church:  
Password: saulpaul

### Hope from on High



The Lord is our guardian, beside us at our right hand, interceding for us in all our spiritual battles.

In today's Psalm we're told to lift our eyes to the mountains, that our help will come from Mount Zion and the Temple—the dwelling of the Lord who made heaven and earth.

Joshua and the Israelites, in today's First Reading, are also told to look to the

hilltops. They are to find their help there—through the intercession of Moses—as they defend themselves against their mortal foes, the Amalekites.

Notice the image: Aaron and Hur standing on each side of Moses, holding his weary arms so that he can raise the staff of God above his head. Moses is being shown here as a figure of Jesus, who also climbed a hilltop, and on Mount Calvary stretched out His hands between heaven and earth to intercede for us against the final enemy—sin and death.

By the staff of God, Moses bested Israel's enemies, parted the Red Sea and brought water from the Rock.

The Cross of Jesus is the new staff of God, bringing about a new liberation from sin, bringing forth living waters from the body of Christ, the new Temple of God.

Like the Israelites and the widow in today's Gospel, we face opposition and injustice—at times from godless and pitiless adversaries.

We, too, must lift our eyes to the mountains—to Calvary and the God who will guard us from all evil. We must pray always and not be wearied by our trials, Jesus tells us today. As Paul exhorts in today's Second Reading, we need to remain faithful, to turn to the inspired Scriptures—given by God to train us in righteousness. We must persist, so that when the Son of Man comes again in kingly power, He will indeed find faith on earth.

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### This Week's Masses: 29OC

|       |                                                            |                                            |
|-------|------------------------------------------------------------|--------------------------------------------|
| 20/10 | <b>Monday</b>                                              | 8:00am Mass                                |
| 21/10 | <b>Tuesday</b>                                             | 6:00pm Mass                                |
| 22/10 | <b>Wednesday</b><br><i>Pope St John Paul II</i>            | 6:00pm Mass                                |
| 23/10 | <b>Thursday</b><br><i>St John of Capistrano</i>            | 8:00am Mass                                |
| 24/10 | <b>Friday</b><br><i>St Anthony Mary Claret</i>             | 9:30am Mass<br>Year 9, Year 5 attending    |
| 25/10 | <b>Saturday</b>                                            | <b>6:00pm Vigil</b>                        |
| 26/10 | <b>Sunday (28OC)</b><br>30 <sup>th</sup> Sunday Ordinary C | <b>9:00am Mass</b><br>Welcoming Mass: Cock |

### Other Events: (20<sup>th</sup> October – 26<sup>th</sup> October)

|                       |                  |                          |
|-----------------------|------------------|--------------------------|
| <b>Mon</b>            | 6:30pm           | Charismatic Group (PMR)  |
| <b>Tues</b>           | 4:30pm<br>7:00pm | Rebuilt Faith (PMR)      |
| <b>Wed</b>            | 10:00am          | Reconciliation (Year 5)  |
| <b>Thurs</b>          | 10:00am          | St Vincent de Paul (PMR) |
| <b>Thurs</b>          | 7:00pm           | Choir Rehearsal (PMR)    |
| <b>Fri</b>            | 8:15am           | Legion of Mary (PMR)     |
| <b>Sun</b>            | 10:30am          | Cuppa After Mass         |
| <b>Weekend Masses</b> |                  | Weekend Mass Count       |

PMR: Parish Meeting Room; Mac: MacKillop Meeting Room

### Rosters Next Week – 30OC

#### **Readers Next Week: 25<sup>th</sup> October – 26<sup>th</sup> October**

6pm: Therese McQuade, Alastair Rayner  
9am: Tess Godfrey, Mary Jennings

#### **Counters**

19/10 Wayne Lees, Sonja Patulny,  
Gaby Patulny  
26/10 Brian Godfrey, Moira Sheldon,  
Garry Amess

#### **Church Cleaners**

19/10 Allan O'Rourke, Linda O'Rourke  
26/10 Catherine Foster, Julianne Hoffard

### Adoration of the Blessed Sacrament

|       |                   |                 |
|-------|-------------------|-----------------|
| 21/10 | <b>Tuesday:</b>   | 5:00pm – 5:45pm |
| 22/10 | <b>Wednesday:</b> | 5:00pm – 5:45pm |
| 25/10 | <b>Saturday:</b>  | 5:00pm – 5:45pm |

### Reconciliation

(Held in the Chapel)

|       |                   |                 |
|-------|-------------------|-----------------|
| 21/10 | <b>Tuesday:</b>   | 5:00pm – 5:45pm |
| 22/10 | <b>Wednesday:</b> | 5:00pm – 5:45pm |
| 25/10 | <b>Saturday:</b>  | 5:00pm - 5:45pm |

### We Remember In Prayer

- **Recently deceased:** Sr Martina Sarkis RSJ; Angela Arnold; Michael Bonnano; Frank Cassar; Anthony Bendall.
- **Anniversaries:** Sr June Barrett; Gough Whitlam; John Monaghan; Judy Salway; Rachael Tomlinson; Doreen Hines; Margaret Goodfield; Doreen Seattle; Doris Cody; Phillip Gill; Walter Pike, George Negus; Ena McKay, Colin Raftery; Les Smith; all souls in purgatory.
- **For all who are sick:** Hugh & Cath Kennedy; Charlie Bonnano; Peter; Fred de Hosson; Fr Ronan; Brian Russell; Katie Keys; Catie; Mary Boerebach, Msgr Paul Ryan; Sr Carmel; Brent Austin; Allen Maxwell; Carmel Keyes; Bernadine Hagan; Les Lugowski; Rebecca; Ron Smith; Maurie Jamieson; Michael Graham; Denise Constable; Janice Nussbaumer; Jacob Purcell; Teresa Farrugia; Anne Iverson; Luke Aitken; Colleen Julian; Jack McPhee; Toni Dragon; Emily Pattison; Paul Robinson; Karl Edlinger; Emilia Maslanka; Rosa Maria Santos; Dylan Sant; Summer Martin; Jessica Hart; Steven Maxwell.
- We pray for Pope Leo XIV, vocations to the priesthood & religious life.
- We pray for those in hospitals, nursing homes & those who do not have the privilege of attending Holy Mass or receiving the Sacraments.
- We pray for all unborn children & those for whom no-one else prays.

### All Saints & All Souls Masses – 1 & 2 Nov

The liturgical precedence for the weekend of 1<sup>st</sup> and 2<sup>nd</sup> November 2025 is as follows:

- The Solemnity of All Saints is celebrated at Masses on Saturday morning.
- Saturday evening and Sunday Masses are of The Commemoration of All The Faithful Departed.

## Baptisms

This weekend, the Jamieson & Tavernese families will have their children Lola and Polly welcomed into God's family through the Sacrament of Baptism. We pray that each of these families & their children will enter faithfully into God's family. We ask that they be guided by the Holy Spirit towards an enduring friendship with Christ.

## Rebuilt Faith: A Book Discussion Group

**Authors:** Fr Michael White & Tom Corcoran

**Commencing:** Tuesday 21<sup>st</sup> October (6 weeks)

**Time TBC:** 7:00pm – 8:00pm (or 4:30pm - 5:30pm)

**Place:** Parish Meeting Room

**Contact:** Gabriella De Battista - 0414 205 404

**Cost:** \$30 (cost of the book)

## Annual Diocesan Mass Count

Beginning this weekend, and for the next three, the annual Diocesan Mass Count will be undertaken for Bishop Mascord. Data will be gathered from a simple head-count at each weekend Mass. This will be used to determine diocesan goals for the future.

## Mission Sunday: THIS WEEKEND



The Mission Sunday collection will occur at this weekend's Masses on 18<sup>th</sup> & 19<sup>th</sup> October. As well as envelopes, donations may be made online, via credit card or direct debit. Donations are tax-deductible; receipts for cash donations

will be provided upon request. Envelopes are available on the narthex table and may be placed in the collection bags or in the envelope box as you exit the church.



## Rally to End Sex-Selective Abortions

**Date:** Wednesday, 22 October

**Time:** 5:30pm

**Location:** On the steps of NSW Parliament, Macquarie Street, Sydney.

This event coincides with the introduction of a bill in Parliament by John Ruddick MLC, concerning the prohibition of abortions based on the gender of the baby. The rally will focus on the artificial selection of life based on a preference, which highlights just one perspective of the inhumane evil of abortion.

**Register:** [https://www.drjoannahowe.com.au/rally\\_sydney\\_johnruddicksbill](https://www.drjoannahowe.com.au/rally_sydney_johnruddicksbill)

## Pilgrimage Cathedral Feast Day Celebration

**Date:** Saturday 6 December 2025

**Venue:** St Francis Xavier Cathedral, Wollongong

**Times:** 11.00am – 12:00pm: Veneration of a relic of St Francis Xavier & Reconciliation

12.10pm: Mass for the Feast of St Francis Xavier

As part of the Jubilee Year 2025, all are warmly invited to gather at the Cathedral for this special celebration.

Updated event details:

<https://lumenchristi.org.au/celebrations/pilgrimage-and-feast-day>

Come, walk in faith and be renewed in hope.

## All Souls Remembrance Book: November

November Mass envelopes are now available on the narthex table for those who wish to have the names of loved ones or family names entered into the November Remembrance Book. This book will be displayed on the sanctuary throughout November (beginning on Saturday, 1<sup>st</sup> November). Donations may be included in the envelope and placed in the collection bags at the weekend Masses.

## CatholicCare & Cross+Gen

**Free Technology Training For older people**

**Venue:** Corpus Christi Catholic High School, Oak Flats

**Contact:** Jane Hollier Parish & Community Officer

**Phone:** 0417 018 152

**Email:** [janeh@catholiccare.dow.org.au](mailto:janeh@catholiccare.dow.org.au)

- Friday 24<sup>th</sup> October 11:00am-1:00pm
- Friday 7<sup>th</sup> November 11:00am-1:00pm
- Friday 21<sup>st</sup> November 11:00am-1:00pm
- Friday 5<sup>th</sup> December 11:00am-1:00pm
- Afternoon tea will be provided.

## Men's Prayer Breakfast Launch

**Date:** Friday, 28<sup>th</sup> November 6:30am-8am

**Guest Speaker:** Peter Abela

**Venue:** Xavier Conference Room

**RSVP:** 17<sup>th</sup> November [dow.sh/mpb25](https://dow.sh/mpb25)

**Cost:** \$20

## 40 Days for Life 2026

**Hosted by Family Life International-Australia**

Begins on Shrove Tuesday 17<sup>th</sup> February 2026

**Duration:** [Ash Wednesday – Palm Sunday]

18<sup>th</sup> February - 29<sup>th</sup> March

**Location:** Daily Pro-life Prayer Vigil - outside NSW Parliament

**Time:** 7:00am – 7:00pm.

**Register:** [www.fli.org.au](http://www.fli.org.au)

**Contact:** 02 9519 9111 or [mail@fli.org.au](mailto:mail@fli.org.au)

## Benedictine Abbey Retreats

**Upcoming retreats: October – December 2025**

October 24<sup>th</sup> – 26<sup>th</sup> Borrowing Tomorrow

November 7<sup>th</sup> – 9<sup>th</sup> Oblate Weekend

November 14<sup>th</sup> – 16<sup>th</sup> Contemplative Creativity

**Contact:** [onlineretreat@jamberooabbey.org.au](mailto:onlineretreat@jamberooabbey.org.au)

**Information:**

<https://www.jamberooabbey.org.au/news-events/upcoming-events/>

## Gardening Services to the Elderly

Stacey Rumble provides gardening services for the elderly, including weeding, planting, chopping branches and general garden maintenance (no mowing services). Rates are dependent on the tasks.

**Contact Stacey:** 0422 610 468

## Diocesan Catechist Mass & Awards

**Date:** Saturday 22<sup>nd</sup> November **Time:** 9:30am

**Place:** St Francis Xavier Cathedral, Wollongong

**RSVP:** [dow.sh/cm25](https://dow.sh/cm25)

**Contact:** Helen Bennett: [helen.bennett@dow.org.au](mailto:helen.bennett@dow.org.au)

***The Lord, who made the beginning,  
will take care of the finish.***

St John of Capistrano

**Entrance Antiphon Cf Psalm 16:6,8**

**To you I call; for you will surely heed me, O God; turn your ear to me; hear my words. Guard me as the apple of your eye; in the shadow of your wings protect me.**

**First Reading Exodus 17:8-13**

**A reading from the book of Exodus**

**As long as Moses kept his arms raised, Israel had the advantage.**

The Amalekites came and attacked Israel at Rephidim. Moses said to Joshua, 'Pick out men for yourself, and tomorrow morning march out to engage Amalek. I, meanwhile, will stand on the hilltop, the staff of God in my hand.' Joshua did as Moses told him and marched out to engage Amalek, while Moses and Aaron and Hur went up to the top of the hill. As long as Moses kept his arms raised, Israel had the advantage; when he let his arms fall, the advantage went to Amalek. But Moses arms grew heavy, so they took a stone and put it under him and on this he sat, Aaron and Hur supporting his arms, one on one side, one on the other; and his arms remained firm till sunset. With the edge of the sword Joshua cut down Amalek and his people.

**Responsorial Psalm Ps 120. R. v.2**

**(R.) Our help is from the Lord, who made heaven and earth.**

**Second Reading 2 Timothy 3:14 – 4:2**

**A reading from the second letter of St Paul to Timothy**

**This is how the people of God become equipped and ready for every good work.**

You must keep to what you have been taught and know to be true; remember who your teachers were, and how, ever since you were a child, you have known the holy scriptures – from these you can learn the wisdom that leads to salvation through faith in Christ Jesus. All scripture is inspired by God and can profitably be used for teaching, for refuting error, for guiding people's lives and teaching them to be holy.

This is how the man who is dedicated to God becomes fully equipped and ready for any good work. Before God and before Christ Jesus who is to be judge of the living and the dead, I put this duty to you, in the name of his Appearing and of his kingdom: proclaim the message and, welcome or unwelcome, insist on it. Refute falsehood, correct error, call to obedience – but do all with patience and with the intention of teaching.

**Gospel Acclamation Hebrews 4:12**

Alleluia, alleluia!

**The word of God is living and active; it probes the thoughts and motives of our heart.**

Alleluia!

**Gospel Luke 18:1-8**

**A reading from the holy Gospel according to Luke  
God will see those who cry to him vindicated.**

Jesus told his disciples a parable about the need to pray continually and never lose heart. 'There was a judge in a certain town' he said 'who had neither fear of God nor respect for man. In the same town there was a widow who kept on coming to him and saying, "I want justice from you against my enemy!" For a long time he refused, but at last he said to himself, "Maybe I have neither fear of God nor respect for man, but since she keeps pestering me I must give this widow her just rights, or she will persist in coming and worry me to death."'

And the Lord said, 'You notice what the unjust judge has to say? Now will not God see justice done to his chosen who cry to him day and night even when he delays to help them? I promise you, he will see justice done to them, and done speedily. But when the Son of Man comes, will he find any faith on earth?'

**Communion Antiphon Cf Psalm 32:18-19**

**Behold, the eyes of the Lord are on those who fear him, who hope in his merciful love, to rescue their souls from death, to keep them alive in famine.**

***All scripture is inspired by God and can profitably be used for teaching, for refuting error, for guiding people's lives and teaching them to be holy.***

**The Journey & A Vocation View & Sunday Echo**

**The Journey Podcast: [www.jcr.org.au](http://www.jcr.org.au) | A Vocation View: [vocations@dow.org.au](mailto:vocations@dow.org.au) | Sunday Echo: [dow.org.au/media-](http://dow.org.au/media-)**