



# Calderwood Valley School Holiday Program

Healthy Cities Illawarra, supported by the Calderwood Seedling Fund Community Grants Program, are providing **FREE** school holiday workshops to encourage long-term healthy habits in local 9-12 year olds.

The Active In-Betweens program emphasises the importance of physical activity and healthy eating whilst also incorporating opportunities for building social connections and personal growth. Many exciting activities have been lined up including photography, circus and cooking classes! **Book your date/s now to register your spot! Spaces are limited.**

## April School Holidays

Sprout Hub Calderwood Valley | 10am - 2pm

**Tuesday 14th - Photography Workshop**

**Tuesday 21st - Cooking Workshop**

**Thurs 23rd - Circus Workshop**

**Bookings:** <https://activeinbetweens.eventbrite.com.au>

For more information, visit [facebook.com/healthycitiesillawarra](https://facebook.com/healthycitiesillawarra) and select 'Events' or call our office on t. 4283 8111.



**ACTIVE  
IN-BETWEENS**  
*Supporting 9-12 year old children*